

Active Girls Fund

Fund objectives

- We would like to support projects that will meet one or more of the following outcomes:
 - Support girls to form long term active lifestyles
 - Improve the lives of girls through physical activity
 - Improve mental wellbeing of girls through physical activity
 - Personal development of girls such as improved employability or diversion from crime

Who is it for?

- Teenage girls who do not currently take part in regular activity.
- Priority will be given to projects that support one or more of the following target groups:
 - Disadvantaged/deprived communities
 - Disabled
 - Teenage girls from an ethnic minority background
 - Girls who are not in education, employment or training (NEET)
 - At risk of taking part in crime or anti-social behaviour

The model

- Start-up funding available from Active Surrey & Sported to start and work towards sustainability
- Projects must be ongoing opportunities with a clear sustainability plan to continue after initial funding
- Projects could fit into one or more of the following categories:
 - Starting a new physical activity where there is demand
 - Female only sessions linked to an existing club/opportunity
 - Existing groups (e.g. female youth group) adding physical activity to their programme
 - Single activity, multi-sport clubs or a menu of activities
- Projects should have the following features:
 - Female only sessions
 - Accessible to beginners and girls who do not take part in regular physical activity
 - Run in a less formal way than a traditional club including social opportunities
 - Lower cost and/or flexible payment structure
 - Run at a venue (e.g. school, community/youth centre, park) that is convenient for young people

Support available

- **Start-up funding up to £4000 per project**
- Identification of partners who can support your project
- Help to plan your project and write a project plan
- Free sported Membership (*in line with membership criteria*)
- One to one support from a Sported Mentor to guide you through the learning, help to plan and embed changes and apply for funding.
- Monitoring and evaluation software to help prove your impact
- Online resources to support engagement of women and girls

To find out more, or to arrange a meeting contact:
Patrick Culligan

Active Communities Officer
patrick.culligan@surreycc.gov.uk / 07811 838365