ACTIVE SCHOOLS 2019-20
MAKING SURREY SCHOOLS MORE ACTIVE

JULY 2019 VERSION
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ACTIVE SCHOOLS ARE STRONGER SCHOOLS

Physical activity has been called ‘the miracle cure’ and at Active Surrey we are passionate about the transformative and proven impact of physical activity, not just on health and fitness but also on the behaviour, confidence and academic achievement of today’s young people. Active children are proven to have better attention, behaviour and academic performance.

Chief Medical Officers guidelines recommend that children and young people should do 60 minutes of moderate to vigorous physical activity per day, of which 30 minutes should be in school.

ACTIVE SURREY IS PROUD OF THE WORK WE DO TO HELP YOU MAKE YOUR SCHOOLS MORE ACTIVE SCHOOLS IN AND OUT OF THE CLASSROOM.

2018-19 IMPACT IN SURREY SCHOOLS...

- **110+ schools** have improved delivery and engagement of their least active children through our PhysiFUN programme. (pg.15)
- **396 teachers** have attended training and now feel more empowered and upskilled in their knowledge of PE, school sport, physical activity and active lessons. (pg. 21- 35)
- **3,000 children** each year receive high level competitive opportunities through our School Games programme. (pg. 19)
- **40,000 children** are more active …..running a daily mile and over 110 schools are engaged in ‘Physically Active Learning in Surrey Schools (PALSS. These schools have pledged to creating a more active environment, on a daily basis. (pg.18)
- **2,000 young leaders** (from Key Stages 1 to 4) have been trained and developed and now run activities for their inactive peers and support the delivery of competitions and festivals. (pg. 13)
- **3,000 children** have gained School Games Mark or KS1 Star Mark accreditations, which recognise their progress and improvements in their whole school PE and school sport offer. (pg. 40)

SOCIAL INTERACTION
Participating in school sport and physical activity is a great way for students to interact with one another. Students become part of a team, which can make children more sociable and outgoing, whilst helping to boost their performance.

HEALTH & WELLBEING
Daily, physical activity will help children stay healthy and strong, whilst improving coordination and helping them relax and concentrate better. Physical benefits often have an impact on emotional well-being, which can help improve attainment.

BOOSTING CONFIDENCE
Playing sport and doing physical activity with classmates can motivate and help students with their confidence and self esteem. They will engage in friendly competition and form new friendship groups.

LEADERSHIP & LIFE SKILLS
Taking part in leading physical activities for peers can often involve being a team leader of a small or large group. This not only helps students build confidence, but begins to build important life skills.

BRAIN CAPACITY & CONCENTRATION
Participation in regular physical activity and/or sport improves young peoples numeracy scores by an average of 8%, compared to inactive children.
Children aged 5 to 15 spend over 4 hours in front of a screen in a typical day.

Source: Ofcom, 2018

Less than 19% of children in years 1-11 are active every day in Surrey. This is almost the same in England – less than 18%.

Source: Sport England, Active Lives Children & Young People survey 2017/18

7% of Surrey pupils at state funded primary and secondary schools are eligible for free school meals. This is half as much as England at 14%.

Source: Department for Education, 2018

17% of children in Reception are overweight or obese in Surrey. 22% in England. This rises to 26% by the time children are in year 6. 34% in England.


Almost two-thirds of young people (61%) feel pressure to look their best online. Also, more than two thirds (67%) regularly worry about the way they look.

Source: YMCA Be Real Campaign, 2019

3 out of every 20 pupils (15%) in Surrey and England schools are those with SEND. This is almost 20,000 pupils.

Source: YMCA Be Real Campaign, 2019
The PE and Sport Premium is Government funding to help primary schools improve the quality of their physical education, physical activity and sport provision. It’s ring fenced until 2020.

**Funding vision:** Pupils leave primary school physically literate, motivated to follow an active lifestyle and participate in physical activity / sport for life.

**Objective of funding:** Self-sustaining improvement in primary school PE and sport.

**HOW TO USE THE PE AND SPORT PREMIUM**

Schools must use the funding to make **additional and sustainable improvements** to the quality of PE and sport they offer.

**Schools can use the premium to improve in the following areas:**

1) The engagement of all pupils in regular physical activity: the Chief Medical Officer recommends that all children and young people aged 5-18 engage in 60+ minutes of physical activity a day, of which 30 minutes should be in school.
2) Raising the profile of PE and sport across the school as a tool for whole-school improvement.
3) Increasing the confidence, knowledge and skills of all staff in teaching PE and school sport.
4) Offering a broader range of sports and activities to all pupils.
5) Increasing participation in competitive sport.

You can use your funding to:
- Offer staff professional development, training and resources to help them teach PE and sport more effectively and embed physical activity in your school *(see pages 21+)*
- Hire qualified sports coaches to work with teachers in enhancing current opportunities.
- Introduce new sports, dance or other activities to encourage more pupils to take up physical activity.
- Support and involve the least active children by providing targeted activities, and running or extending school sports and holiday clubs *(see P15)*.
- Enter or run more sport competitions and increase pupils’ participation in the Surrey School Games *(see P18)*.
- Partner with other schools to run sports activities / clubs.
- Encourage pupils to take on leadership / volunteer roles that promote sport and physical activity *(see P13–17)*.
- Raise attainment in primary school swimming to meet national curriculum requirements before the end of KS2.
- Encourage physical activity across the school day through active travel to and from school, active playgrounds and active teaching *(see PALSS, P18)*.

You should NOT use your funding to:
- Employ coaches or specialist teachers to cover planning preparation and assessment (PPA) arrangements.
- Meet your requirements under the national curriculum (or, in the case of academies / free schools, to teach your existing PE curriculum) with the exception of top-up swimming after pupils’ completion of core lessons.
- Fund capital expenditure.

**ACCOUNTABILITY & REPORTING TO OFSTED**

Ofsted assesses how schools use the primary PE and sport premium. They measure pupil outcomes and how effectively governors hold school leaders to account for them. If your school receives this funding, you must publish the following details online by **31 July 2019**:

1. The amount of premium received.
2. A full breakdown of how it has been spent.
3. The impact the school has seen on pupils’ PE, physical activity, and sport participation and attainment.
4. How the improvements will be sustained in the future.

You are also required to publish the percentage of year 6 pupils in the 2018/19 academic year who met the national curriculum requirement to:
- Swim competently, confidently and proficiently over a distance of at least 25 metres.
- Use a range of strokes effectively.
- Perform safe self-rescue in water-based situations.

Attainment data for year 6 pupils should be provided from their most recent swimming lessons, which could be from years 3, 4, 5 or 6, depending on your school’s provision.

To help you plan, monitor and report on the impact of your spending, we suggest you download the [recommended reporting template](#).
ACTIVE SCHOOLS TEAM

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facebook.com/activeschoolsAS
twitter.com/activeschoolsAs

SUPPORTING ALL KEY STAGE 1-4 (MAINTAINED & ACADEMY) SCHOOLS IN SURREY

KEY STAGE 1-2
- Warlingham & Caterham
- North Downs Federation
- Elm / Run – ERPSSA
- Emlbridge
- Epsom & Ewell

KEY STAGE 3-4
- East Surrey District
- North Surrey Association
- Guildford Schools
- Waverley & Ash Schools
- Woking - WASPS
- Surrey Heath – SHPSSA
- Redhill & Reigate
- South Tandridge
- Spelthorne
- Guildford & District
- Horley Federation
- Woking & District Association
- Spelthorne Association
PHYSICAL EDUCATION, SCHOOL SPORT & PHYSICAL ACTIVITY - THE DIFFERENCE

Physical education, school sport and physical activity are similar in that they all include physical movement, but there are important differences between them.

**PHYSICAL EDUCATION**
is the planned, progressive learning that takes place in school curriculum timetabled time and which is delivered to ALL pupils.

This involves both ‘learning to move’ (i.e. becoming more physically competent) and ‘moving to learn’ (e.g. learning through movement, a range of skills and understandings beyond physical activity, such as co-operating with others).

The context for the learning is physical activity, with children experiencing a broad range of activities, including sport and dance.

**SCHOOL SPORT**
is the structured learning that takes place beyond the curriculum (i.e. in the extended curriculum) within school settings; this is sometimes referred to as out-of-school-hours learning. Again, the context for the learning is physical activity.

The ‘school sport’ programme has the potential to develop and broaden the foundation learning that takes place in physical education. It also forms a vital link with ‘community sport and activity’.

**PHYSICAL ACTIVITY**
is a broad term referring to all bodily movement that uses energy. It includes all forms of physical education, sport and dance activities.

However, it is wider than this, as it also includes indoor and outdoor play, work-related activity, outdoor and adventurous activities, active travel (e.g. walking, cycling, rollerblading, scooting) and routine, habitual activities such as using the stairs, doing housework and gardening.
ACTIVE SCHOOLS MEMBERSHIP 2019-20

Maximise the impact of your PE and sports premium funding and join a Surrey network of Active Schools! What’s included in the 2019 - 20 Membership?

NEW FOR 2019-20....ACTIVE SCHOOL NETWORKS

Autumn, Spring & Summer term network and training forums for PE leads, with a balanced focus on PE, school sport and physical activity. Agendas will include:

- Updates from National Government Departments and Ofsted
- Opportunities to review, plan, troubleshoot and share best practice with colleagues from schools around the county
- Explore effective, sustainable spending and impact reporting examples, in relation to the PE & sport premium funding
- KS1 only networking opportunities
- Summary of event and training opportunities for the forthcoming term

Autumn Term: Thursday 7 November 2019, Guildford, 1 - 4 pm
Spring Term: Wednesday 4 March 2020, Dorking/ Reigate, 9 - 12pm
Summer Term: Tuesday 30 June 2020, Leatherhead, 1 - 4pm

NEW PE LEAD SUPPORT – PE & School Sport Premium Briefing

A three hour workshop, specifically for new or inexperienced PE leads, providing a comprehensive overview of the PE & School Sport Premium funding.

We will cover how much you receive, what you can and can’t spend it on, how to audit and assess your school’s needs and how to report impact and sustainability for Ofsted. Also includes updates from Active Surrey and SOLD about the support, opportunities, resources and training available to you locally.

Date: Thursday 3 October 2019
Time: 1 - 4pm
Venue: High Ashurst Centre, Dorking

“Active Schools Membership has supported us by providing regular updates and opportunities to improve school opportunities and ensure up to date practice is taking place our school.”
Auriol Junior School
CREATE DEVELOPMENT – PE, SPORT & HEALTH WHEEL (Licence and training)

The Wheel is an innovative online tool, which uses a simple framework to:

- Create and communicate a shared vision for PE, Sport and Health
- Establish where you are, where you want to be and how to get there
- Identify appropriate solutions to meet your vision
- Gather evidence and celebrate the impact of the PE and Sport Premium
- Be part of a community of learning with shared best practice across schools

Booking link: https://bookwhen.com/activesurrey/e/ev-scyf-20190607100000

"The Assessment Wheel really supports me in feeling that I have a handle on the progress of PE and sport in my school. It provides concrete evidence which can be shared with the Leadership Team and Governors." 
Charlwood School
ACTIVE SCHOOLS MEMBERSHIP 2019-20 (CONT)

ASSOCIATION FOR PHYSICAL EDUCATION – SCHOOL MEMBERSHIP

- afPE’s termly journal – ‘PE Matters’ (two copies per school)
- Health & Safety advice & support (safeguarding, incident support & employment law issues)
- Support on how to effectively plan, spend and report on the Primary PE and Sport Premium
- Access to the members’ area of the afPE website (resources, webinars H&S archive)
- Monthly e-newsletter on the latest development within PE, School Sport & Physical Activity

YOUTH SPORT TRUST – SCHOOL SUBSCRIPTION

- Latest policy and updates via YST’s monthly member e-newsletter & termly Inspire magazine
- Access to YST and national funded programmes that offer free resources and experiences
- Receive topical news, updates and access to an online resource library of best practice to enhance health, wellbeing and achievement
- Online resources include; Active 30:30 Tri, Power of Enrichment, Power of PE – Wellbeing and Achievement, PE and sustainability toolkit and PE curriculum toolkit

‘SAFE PRACTICE GUIDE in PE, School Sport and Physical Activity’ Copy of manual and online access (optional extra)

Annual subscription (September 2019 - August 2020)
£800 (renewals) £950 (new Members or schools with new PE leads in 2019-20)
Prices are subject to VAT for all non LEA schools and private organisations.

To sign up as an Active Schools member contact wendy.newton@surreycc.gov.uk
BESPOKE SUPPORT SERVICES FOR SCHOOLS

Active Surrey and partners can also provide your school with a bespoke support package to suit your needs, spread across the academic year. This may include any of the following:

- PE and competition calendar planning
- Employing and deploying sports coaches
- Creating successful community club links
- Planning and delivering multi skills festivals
- Key Stage 1 & 2 Accreditations
- Lesson planning and team teaching with individuals or groups of staff
- School Swimming - understanding delivering and reporting expectations
- Teaching, learning & assessment in PE
- PE & School Sport Premium Funding - appropriate spending and accurate reporting
- Health & Safety advice
- Using physical activity to support whole school improvement and positive mental wellbeing

For more information and prices, please contact wendy.newton@surreycc.gov.uk

“Active Surrey have a huge impact on engaging children in physical activity through a wide and varied programme.”
St Matthew’s C of E Primary School
real legacy is an ambitious two-year programme, personalised for your school to make a real difference and create a real legacy for EVERY child. In addition to Create programmes, real legacy includes bespoke school-based support, evidence of impact, enrichment opportunities and the very best innovative resources including a licence for Jasmine – your real learning platform.

Outcomes include:

- Staff training and support
- Pupil achievement and progress
- Teaching and learning, assessment and planning
- Inclusion, engagement and school culture
- Health and Wellbeing
- Competitive opportunities
- Enrichment opportunities
- Whole school advocacy and impact

Find out more, contact: Jason Elwell at je@createdevelopment.co.uk or on 07951 086 905
SPORTS LEADERSHIP, LIFE SKILLS & INACTIVITY

ACTIVE SCHOOLS LEADERSHIP PATHWAY 2019-20

Infant & Primary Leadership (Key Stages 1&2)

Sports Crew Training (KS2)
Year 5&6 pupils are trained to support and enhance PE, school sport and competition. They also become a decision making (pupil voice) group to represent sport and physical activity within school.

PhysiFUN Champions Training (KS2)
Year 4-6 pupils will be learn how to run an inclusive activity session using the PhysiFUN activity cards designed to engage the least-active.

First Steps to Leadership (Years 2&3)
A 2 hour training session aimed at budding young leaders. The session will focus on:
- Skills & qualities required to be a great leader
- Team building activities
- The importance of warm ups
- Getting children into teams fairly
- Delivering a great game using Mr NEDD

Gifted & Talented Leadership Academy (KS2)
Aimed at pupils in Year 6, schools will have an opportunity to nominate up to 5 of their Gifted & Talented sports leaders. The academy will feature on-going training and development throughout the year for Surrey’s most confident and competent leaders.

Secondary Leadership (Key Stages 3 & 4)

Surrey School Games Volunteering (KS3&4)
Pupils selected to lead & officiate at local and county Surrey School Games competitions.
Training will either be delivered on the day of the event or in some cases an official accredited award will be delivered in preparation for the event. Generic event management opportunities are also available at the Surrey School Games summer festival including photography, journalism,

Surrey Special Schools – Leading the Way (KS3&4)
Years 9-11 SEND students who aspire to become young sports leaders. Pupils will learn the skills and knowledge to become a good leader whilst working with an athlete role model and mentor to apply their skills in a practical way.

Elite Leadership (Key Stages 4&5)

Surrey Young Coach Academy (SYCA)
Open to young coaches between 15-19 years of age. Must have a good understanding of a specific sport. Membership to the academy is via application. Young coaches will have access to a variety of generic and NGB qualifications.
For further information and to register with the SYCA, please contact Sarah Williams (Active Schools Manager) sarah.williams@surreycc.gov.uk

“It has enabled our Year 5 and Year 6 sports leaders to lead and deliver activities with more confidence, enthusiasm and inspired them to begin to use their initiative.”
Potters Gate C of E Primary School
SPORTS LEADERSHIP, LIFE SKILLS & INACTIVITY

SPORTS CREW TRAINING
(Key Stages 2)

An opportunity for your pupils to develop their leadership skills, educate them in planning intra-school competitions and equip them to become sports ambassadors within your school. The 3hrs training will cover theory around the STEP principle and practical activities to put their learning into motion. We also adopt practical examples to embrace a growth mindset, to allow them to reflect on their learning. Cost: £150 for 10 pupils.

Autumn 1

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<th>District</th>
<th>Venue</th>
<th>Time</th>
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<tbody>
<tr>
<td>Dorking</td>
<td>The Priory School</td>
<td>9am-12pm</td>
<td>Monday 23 September</td>
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<td>Farnham</td>
<td>All Hallows School</td>
<td>9am-12pm</td>
<td>Thursday 26 September</td>
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<td>Guildford</td>
<td>The Spectrum Leisure Centre</td>
<td>9am-12pm</td>
<td>Tuesday 1 October</td>
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<td>Leatherhead</td>
<td>Dorking Sports Centre</td>
<td>9am-12pm</td>
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<td>Godalming</td>
<td>Broadwater School</td>
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<td>Woking</td>
<td>St John The Baptist School</td>
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<td>TBC</td>
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<td>Kings International School</td>
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<td>North Downs</td>
<td>Banstead Preparatory School</td>
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<td>Elmbridge</td>
<td>Cleves School</td>
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<td>Runnymede</td>
<td>Royal Holloway University</td>
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<td>Staines Preparatory School</td>
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Autumn 2

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<th>District</th>
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<td>Redhill / Reigate and</td>
<td>Donyngs Leisure Centre</td>
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<td>Horley</td>
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<td>Tandridge</td>
<td>Lingfield College</td>
<td>9am-12pm</td>
<td>Friday 8 November</td>
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<td>Esher</td>
<td>Esher College</td>
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<td>Epsom &amp; Ewell</td>
<td>Epsom and Ewell High</td>
<td>TBC</td>
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<tr>
<td>Woking</td>
<td>St John The Baptist School</td>
<td>9am-12pm</td>
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“Sports Crew Training inspires my Year 6 pupils to lead lunchtime activities with younger children and organise and run Sports Day for the infants.”
Ottershaw CoE Junior School
A practical session to improve young leaders’ ability to run an inclusive activity session, using simple multi-skill activities and a robust delivery method to engage all abilities, particularly the least-active. 2.5 hrs training session. This training will enable new and aspiring Year 4-6 leaders to support and run activity sessions that can be used in a variety of settings, including setting up a PhysiFUN club.

Cost: £140 for 12 leaders (£14/additional pupil)

CONTACT: ally.reid@surreycc.gov.uk

Dates, venues, prices and booking links with be updated and available in September 2019.

"The young leaders training and the PhysiFun training has had an impact on our PE lessons and clubs provided in all year groups. Some of the life skills acquired through the training are important such as; leadership, communication, teamwork, confidence and resilience."

Furzefield Primary Community School
SPORTS LEADERSHIP, LIFE SKILLS & INACTIVITY

SURREY SCHOOLS GAMES VOLUNTEERING (Key Stages 3 & 4)

Pupils selected to lead & officiate at local and county competitions. Training will either be delivered at the event or in some cases an accredited award will be delivered beforehand.

Generic event management opportunities are also available at the Surrey School Games summer festival including photography, journalism, music and general administrative support.

For more details on events and volunteering visit http://www.activesurrey.com/schools/leadership-and-inactivity

SURREY SPECIAL SCHOOLS LEADING THE WAY

A FREE training opportunity for young people with Special Educational Needs.

Leaders will explore the skills required in becoming a good sports leader and will work with a young athlete role model and athlete mentor to develop their skills in a practical way.

DATE AND VENUE:

November 2019 at Leatherhead Leisure Centre (exact date TBC)

Robin Barwick - robinbarwick@benshammanor.com

GIFTED & TALENTED LEADERSHIP ACADEMY (Key Stage 2)

Do you have any exceptional Gifted & Talented young leaders?

The programme will feature ongoing training and development for Surrey’s best young leaders. Entry is by application only. Schools are invited to nominate up to five current and experienced young leaders in Year 6. The nominees MUST have accessed either Sports Crew training, PhysiFUN Champions training or have previous experience as a sports leader. Leaders will access 2 workshops in Autumn 2019 and Spring 2020.

PRICE & CONTACT

£80.00 per pupil

abigail.price@surreycc.gov.uk

“ The Gifted & Talented training programme has helped year 6 support the staff and sports leaders in year 5, acting as a go between.”

St Dunstan’s Catholic Primary School
SPORTS LEADERSHIP, LIFE SKILLS & INACTIVITY

SURREY YOUNG COACHES ACADEMY
(Key Stages 4-5)

Open to young coaches between 15-19 years of age. Must have a good understanding of a specific sport. Membership to the academy is via application. Young coaches will have access to a variety of generic and NGB qualifications.

CONTACT
Sarah.williams@surreycc.gov.uk

FIRST STEPS TO LEADERSHIP
(Years 2 & 3)

A 2 hour training session aimed at budding young leaders. The session will focus on:

- Skills & qualities required to be a great leader
- Team building activities
- The importance of warm ups
- Getting children into teams fairly
- Delivering a great game using Mr NEDD
- Personal challenges

PRICE & CONTACT
£175 per school
abigail.price@surreycc.gov.uk

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<th>District</th>
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<td>Waverley</td>
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“Our children have flourished and benefited significantly from becoming sports leaders. They have learnt valuable skills that they can apply to all aspects of their school lives.”
Furzefield Primary Community School
PALSS (Physically Active Learning in Surrey Schools) is Active Surrey’s umbrella term for our campaign of resources, initiatives and ideas that encourage activity through the whole school day - shielding against the negative effects associated with sedentary behaviour.

Under our Active Schools umbrella we cover the following:

- Active Travel
- Active Assembly
- Active Learning
- Active Bursts
- Active Play (Playground)
- Active Homework
- Active Staff

Schools are encouraged to make the pledge to improve in any of the above areas, even by a few simple changes (e.g. our quick wins ideas which are available in our free resource booklet available to all pledged schools).

Why you should get involved?

**Improved focus**
Active bursts can break up periods when children are not focusing or are fidgety.

**Improved attainment**
Improvements in focus lead to better work. Not entirely sure that's true? See details of this research from the BBC.

**Improved attendance**
Children want to learn (and come to school) because the day is more fun when it's moving!

**Reduction in sedentary behaviour**
Sitting for long periods is responsible for poor health as well as a lack of concentration, even if we are really active at other times.

**Boost to mental wellbeing**
Moving more plays a part in improving our mental health, whether it's through the release of endorphins or by joining in activity alongside others.

Want to know more?
ally.reid@surreycc.gov.uk

Click on PALSS and pledge!

"The staff and pupils have fully engaged in being more active this year. As a result they have become ambassadors for healthy living. Their minds and bodies have become stronger and buzz when my class had competed the daily mile is a joy to behold."

Shottermill Infant School
COMPETITION

SURREY SCHOOL GAMES

Part of the national programme, the Surrey School Games offer your pupils the opportunity to compete and achieve their personal best across a range of sports and activities.

School Games events consist of four types of competition:
- Intra-school competitions
- Local competitions between schools
- County finals
- National finals

The year-round calendar includes:
Qualifying inter-school events provide a competitive pathway, allowing teams to progress to countywide finals.

Open entry events offer all schools the chance to try out a new sport such as Pop Lacrosse or Ultimate Frisbee with no qualification required.

The programme is inclusive, offering a range of sports and including a unique Para Games for SEND children from both special and mainstream schools.

All sports are delivered in partnership with local sports clubs or National Governing Bodies (NGBs). Winning schools are signposted onto regional or national finals where possible.

VALUES-DRIVEN COMPETITION
Through the School Games’ focus on sporting values, pupils are taught the importance of winning and losing with dignity while demonstrating passion, determination, respect, teamwork, honesty and self belief.

NOT JUST FOR THE ‘SPORTY’
The School Games programme is broader than just sport and includes:
- leadership opportunities for primary and secondary school pupils to volunteer
- opportunities to perform and present at a SSG Festival opening ceremony
- cultural competitions such as photography, creative writing and poster competitions
- personal best challenges to encourage children to compete only against themselves

Find out about our clear pathway designed to help clarify the level of competitions and help schools select pupils.

SINGLE AND MULTI-SPORT EVENTS
School Games Festivals see multiple sports staged at a single venue, with hundreds of children of all ages and abilities competing. The Summer Festival also gives pupils the chance to try new activities outside of the sport they are participating in, such as TAG Archery and Quidditch in the ‘Club Zone’.

The full calendar of events will be published in September 2019 through www.activesurrey.com/schools

“The range and quality of School Games provided by Active Surrey means that every child can enjoy representing the school, and that very child can be a sporting hero/heroine lauded in assembly.”
Busbridge C of E (A) Junior School
SPECSAVERS SURREY YOUTH GAMES

FOCUSING ON BEGINNERS
The biggest multi-sport youth festival of its kind in the South East gives every Surrey pupil aged 6-16 the chance to try a brand new sport or activity. Culminating in an Olympic-style weekend each June it’s particularly relevant for inactive pupils or those from disadvantaged households with little experience of sport, as existing club players are excluded and 6-8 weeks of free training is provided.

The aim of the Specsavers Surrey Youth Games is for young people to try a new sport or pastime which inspires them to stay active in their community. A new referral pathway for targeted intervention can help schools identify and refer pupils to the Games. There are also volunteering opportunities for Games Ambassadors within schools, and pupils aged 16+ at the weekend event.

ENSURE YOUR PUPILS BAG ONE OF THE 3000+ TRAINING PLACES ON OFFER
The 2020 Specsavers Surrey Youth Games will open for registration in March with the Games weekend on 13/14 June. It’s unique and completely free.
For more information about the Games, the referral pathway or volunteering opportunities please contact Active Surrey’s Events Lead, Nic Fraser:
Nicola.fraser@surreycc.gov.uk
Making school swimming fun

A wet classroom can be a really fun place to learn. With simple guides with ideas for cross-curricular teaching, let the Swim England School Swimming and Water Safety Charter resources be your helping hand for creating school swimming lessons to remember.

By becoming a member, you’ll receive a pack of helpful waterproof cards, motivational stickers, pin badges and progression passports.

New online hub!
Access FREE award certificates and more than 50 fun games, activities, templates, assembly presentations, lesson plans and videos.

swimming.org/schools
swimming.org/schools/resource-pack
Interested in training or upskilling?
Find out more about our training options
schoolswimming@swimming.org

“These resources and the awards help us with planning and assessing school swimming lessons. It’s a wonderful initiative from Swim England, just what schools and swimming teachers have been waiting for!”

Marilyn - Swimming Teacher, Cheltenham
Surrey Outdoor Learning and Development (SOLD) can support you with delivering, organising and embedding more outdoor learning in your school, every day whilst supporting your OAA curriculum. SOLD can help you and your school with:

**Free Consultancy**
We can visit you in your school and provide advice and support in developing outdoor learning in the curriculum. This includes ideas for developing your school grounds including schools with small outdoor spaces to those with their own woodland area. We can also advise on a range of outdoor learning resources suitable for you. This can include professionally mapping your site for orienteering and permanent course put in place.

**Bespoke CPD for your staff**
SOLD provides CPD for teachers and classroom assistants in a range of outdoor learning topics to equip you with skills and confidence to take your lessons into the outdoors. This can be delivered either through a bespoke course delivered in your school in twilight sessions or inset day training.

**Join a ‘Beyond the Classroom Hub’**
We are setting up Beyond the Classroom Hubs in key areas in and around Surrey. These aim to network and support teachers locally to help you develop outdoor learning. You will also gain access to a closed online community where you can share your experiences and ask questions.

**Sign up for our ‘Beyond the Classroom’ Newsletter**
Each half term you will receive a newsletter packed with the latest outdoor learning news and research, a new lesson plan in each issue, outdoor hints and tips as well as free downloadable resources. Email outdoor.learning@surreycc.gov.uk to be added to our mailing list.
The Association for Physical Education (afPE) is the only PE Subject Association in the UK. afPE are committed to being the representative organisation of choice for people and organisations delivering or supporting the delivery of physical education in schools and in the wider community. afPE have developed a range of resources and guidance to support schools in their use of the PPSP.

Youth Sport Trust (YST) are a charity that believes every child has a right to be physically active through quality PE and school sport. YST have a range of resources and tools which can be used to help maximize schools’ use of Primary PE and Sport Premium.

- Membership offer
- Professional training and CPD
- Resources
- E-learning

As the central agency for coaching, UK Coaching:
- provide a central source of coaching expertise
- share research and good practice - Coaching in Primary Schools Toolkit
- highlight the benefits of coaching at all levels
- implement coaching initiatives
- minimise inconsistencies in coaching across the sector

Sport England and other national partners are working with the Government to support the Primary PE and Sport Premium fund and have collectively developed the following vision for PE and School Sport:

All pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport.

www.ukcoaching.org

www.sportengland.org

A set of nationally recognised professional standards for those coaching children have been established by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA) on behalf of Sport England. More information can be found at www.cimspa.co.uk/deploy

The Minimum Deployment Requirements have been developed to help drive the quality of coaching delivered to children. We would encourage schools and partners to support coaches to access further training that would allow them to go beyond minimum requirements and meet the additional recommendations laid out here.

<table>
<thead>
<tr>
<th>During the transition period (Academic years 2019/20 to 2021/22)</th>
<th>Following the transition period (Academic year 2022/23 onwards)</th>
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<tr>
<td>• Minimum age 18</td>
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<td>• CIMSPA-endorsed training based on professional standards for coaching, coaching children, coaching in the school environment and safeguarding technical standard, or Governing Body Level 2 (or above) qualification in the activity being delivered</td>
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<td>• Any additional technical standard required for the activity being delivered (e.g. gymnastics)</td>
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<td>• Enhanced DBS check</td>
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<td>• Appropriate insurance</td>
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These professional standards will help support the requirement for coaches to demonstrate the knowledge, skills and behaviours to work with this age group and in this environment. School leaders must ensure that coaches have the technical expertise for each activity they are delivering.

Out of hours activities delivered directly by school staff or on behalf of the school are the responsibility of the Headteacher and governing body.

Headteachers always need to ensure they are complying with their employers' requirements regarding qualifications and evidence of coach competence. This will necessitate working to the employers minimum operating standards, which all coaches must meet.

How can this improve outcomes for children?

We feel the new professional standards will help to ensure the wants and needs of children are met. Here is what young people told us they want from their coach:

- Keeps me involved all the time and makes it so everyone can take part
- Is always really positive and tries new things every week
- Makes sure I don’t hurt myself
- Knows what other things may help me
ACCREDITATIONS AND RECOGNITION

ACTIVE SURREY STAR MARK (Key Stage 1)

The Key Stage 1 (KS1) Star Mark allows infant and primary schools to gain recognition for their achievements in PE and school sport and is assessed across 3 star levels. Similar to the School Games Mark (for KS2), the KS1 Star Mark will be valid for one academic year.

Applications can be made between 4 September and 15 December 2019 based on data and evidence from the previous academic year (2019-20).

Validation visits will be made by Active Surrey once applications have been submitted and PE development plans can be written with schools once a Star Mark level has been achieved.

Initial applications - £120 for Active School Members, £160 for non-members
Renewals - £60 for Active School Members, £80 for non-members

http://www.activesurrey.com/schools/accreditations

SCHOOL GAMES MARK (Key Stage 2 - 5)

The FREE School Games Mark rewards schools (KS2-5 only) for their commitment to and development of competition, school sport and physical education. Set criteria assesses across BRONZE, SILVER and GOLD levels of the award and is valid for one academic year.

Applications are undertaken retrospectively and schools can apply for a School Games Mark from May - July 2020 for the academic year 2019 - 20

http://www.activesurrey.com/schools/accreditations

SURREY HEALTHY SCHOOLS (all schools)

Surrey Healthy Schools is a joint project between Education and Health services across the county and is an opportunity for schools to actively promote the health and wellbeing of the whole-school community. Physical Activity is one of the 4 themes of the Healthy Schools Award and aims to promote an environment whereby the whole school community is committed to develop healthy active pupils regardless of physical ability.

The school provides a range of active opportunities both within and out of curriculum hours including formal learning (PE), activity (playtime), signposting (to local community opportunities) and school sport and activity clubs.

www.surreyhealthyschools.co.uk
ABOUT ACTIVE SURREY

Active Surrey is a not for profit partner funded organisation dedicated to the support, promotion and development of sport and active lifestyles throughout Surrey. More information www.activesurrey.com